

**Yoga Prana Vidya
System
Book 10
Reproductive System,
Urinary System,
and Pets
Case Studies**



SRI RAMANA TRUST, a Non-Profit Organization

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Objective

This book provides case studies of Reproductive System, Urinary System and Pets documented in years 2003 and 2014 - 2019. The case studies with supporting documentation have been placed in the beginning of each Chapter of the book followed by other cases.

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Chapter 1

Reproductive System

Case Studies



SRI RAMANA TRUST, a Non-Profit Organization

Mobile 1 +91-9916901811
Mobile 2 +91-8147062216
Mobile 3 +91-9632459076

Near Ubbanur Lake, Thally, Krishnagiri Dt.
Hosur-Thally Main Road, TN-635118, INDIA

www.ypvgreatvision.com
ypvashram@gmail.com

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Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
1	YPVS/RP-M/2018/013	Extended period of menstrual cycle	40Session	90% improvement	01
2	YPVS/RP-PC/2014/006	Dermoid cyst, irregular menstrual cycle	8Months	Reduction in cyst, periods became normal	04
3	YPVS/RP-PC/2017/007	cyst in left ovary	35 sessions	no cyst seen	14
4	YPVS/RP-PG/2018/001	enlarged prostate gland	multiple sessions	healed completely	18
5	YPVS/RP-F/2017/002	Gallstones, bulky uterus, ovaries	15Sessions	All are reduced	22
6	YPVS/RP-F/2017/006	Uterus enlarged, left ovary cyst, high BP, cholesterol	6Months	No fibroids, thickness reduced	26
7	YPVS/RP-M/2017/026	dysmenorrhea from 21 years	40 sessions	completely healed	34
8	YPVS/RP-M/2018/014	dysmenorrhea	5 sessions	healed completely.	37
9	YPVS/RP-PR/2017/009	Pregnancy and delivery, placenta low, bleeding	Multiple session	Placenta positioning started becoming better after few continuous healings	39
10	YPVS/RP-T/2017/001	enlarged testis	15 sessions	fully recovered	42
11	YPVS/RP-PR/2015/002	Fluid less in uterus, no guarantee about baby	112 days	After 10 days of healing fluid increased and continuous healing delivered a baby	44
12	YPVS/RP-PR/2015/004	Trying for pregnancy for last 6 years	25Days	Got pregnant	46
13	YPVS/RP-PC/2018/017	enlarged large ovary with multiple cyst	Multiple session	Completely cured	48
14	YPVS/RP-PR/2017/011	Delivery	15Sessions	normal delivery	52
15	YPVS/RP-F/2016/002	Endometriosis, pain in lower abdomen	15ays	100% improvement	57
16	YPVS/RP-F/2016/003	Bulky uterus with fibroid, difficulty in walking, experience short of breath while walking	5Days	Walking improved, emotionally better, bulky uterus healed	61

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17	YPVS/RP-F/2018/005	Pain after Hysterectomy	6sessions	100% no pain	64
18	YPVS/RP-M/2014/006	Excessive bleeding during Period	15 sessions during periods	No fainting, flow normalized. Could do regular work.	66
19	YPVS/RP-M/2015/003	Severe stomach pain during period	1 session	complete relief	68
20	YPVS/RP-M/2015/005	Irregular menstrual cycle	5Sessions	got periods	70
21	YPVS/RP-M/2015/007	Excessive pain during Period	1 session	Pain completely reduced	72
22	YPVS/RP-M/2015/021	dysmenorrhoea	2 sessions	completely relieved	74
23	YPVS/RP-M/2015/022	Amenorrhoea	6sessions	Completely healed	77
24	YPVS/RP-M/2015/028	Dysmenorrhea	1Session	100% relief	80
25	YPVS/RP-M/2016/002	irregular period, low flow. No period in the last 45 days	4 sessions, 4 days	Got period with normal flow	82
26	YPVS/RP-M/2016/008	Irregular period due to hormonal imbalance	10 sessions	Got period after 4 sessions. Later periods became regular	86
27	YPVS/RP-M/2016/010	stomach pain during period	5 sessions	completely healed	88
28	YPVS/RP-M/2016/011	dysmenorrhea	5 sessions	80% relieved	90
29	YPVS/RP-M/2016/023	Menopause related issue	34Session	Complete resolution of issue	92
30	YPVS/RP-M/2016/024	HB problem, irregular menstrual cycle, Dysmenorrhea	32Session	No pain during menstrual cycle, HB improved	94
31	YPVS/RP-M/2017/001	abdominal and hip pain during menstrual cycle	4 sessions before next period	No pain during next period	98
32	YPVS/RP-M/2017/012	Dysmenorrhea	1Session	Felt much better	102
33	YPVS/RP-M/2017/025	irregular menstrual cycle	4 days	periods normal	105
34	YPVS/RP-M/2017/027	irregular menstrual cycle	26 sessions	80% relief	108

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
35	YPVS/RP-M/ 2018/009	Stomach and leg pain during period, rashes on face and anger	3 sessions	After 1 session, pains fully reduced. After 2 sessions, rashes 60-80% reduced. Anger completely reduced after 3 sessions.	111
36	YPVS/RP-M/ /2018/016	Irregular menstruation	4 session	got periods	113
37	YPVS/RP-M/ 2018/017	Dysmenorrhea	4 Sessions	Complete relief in pain, comfortable, relaxed	115
38	YPVS/RP-M/ 2018/019	Irregular periods	5 Session	Got periods after two months	117
39	YPVS/RP-M/ 2018/020	Irregular periods, cyst in uterus	5 Session	Got periods, no pain	119
40	YPVS/RP-M/ /2018/029	Bilateral polycystic ovary syndrome	12 Sessions	80% improvement	121
41	YPVS/RP-PC/ 2015/014	cyst in right ovary	3months	Cyst disappeared	123
42	YPVS/RP-PC/ 2016/003	Cyst in both ovaries	15Days	No cyst is seen	126
43	YPVS/RP-PC/ 2016/004	Cyst in both ovaries	15 Sessions	No cyst, completely healed	129
44	YPVS/RP-PC/ 2016/012	Masses in breast	9 Session	Pain is less, optimistic, cyst became soft	131
45	YPVS/RP-PC/ 2016/013	cyst in right breast	15 Sessions	Hardness in breast area is no more there	135
46	YPVS/RP-PC/ 2017/005	GERD, left ovarian cyst, stomach ache, irregular menstrual cycle	59 Sessions	No cyst, completely healed	137
47	YPVS/RP-PC/ 2018/0002	PCOD, Gallstones	95 sessions	After 30 sessions of healing periods became regular, pimples reduced in size. Gallbladder reduced in size. Right Ovarian cyst (Before = 5.9x3 CMS, after = 4.6 x 2.4 CMS)	140
48	YPVS/RP-PC/ 2019/016	uterus cyst	7 days	fully recovered	146

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
49	YPVS/RP-PG/ 2014/005	sleepless nights due to acidity and prostrate issue; frequent urination	multiple sessions	hardly wake up at night for urination; acidity normalised; 80% improvement in overall health; better sleep	147
50	YPVS/RP-PR/ 2014/003	Pregnant, stress, doubt, tension	10 Sessions	Improved	149
51	YPVS/RP-PR/ 2015/012	Vomiting many times, a day, stress, itching in body (pregnancy)	30 sessions	Itching reduced	151
52	YPVS/RP-PR/ 2016/005	Suffering from RPD, depressed, hate everyone	10 sessions	became normal	153
53	YPVS/RP-PR/ 2016/013	cyst in uterus; irregular periods; severe pain; blackout; heavy bleeding; PCOD; not conceiving; urine infection during pregnancy; baby growth also affected in 6th month, less water in sac	6 months and later continued as per requirement	after 2-3 months, her periods regularised. Cyst gone. Later conceived. Urine infection healed; baby delivered through C-Section. Baby was normal, it was shocking for doctors as baby was normal in spite of less water.	155
54	YPVS/RP-PR/ 2017/001	abortion, severe bleeding during and post procedure.	8 sessions	bleeding reduced	168
54	YPVS/RP-PR/ 2017/001	abortion, severe bleeding during and post procedure.	8 sessions	bleeding reduced	174
55	YPVS/RP-PR/ 2017/006	Pregnant (6 months), placental abruption	5 Session	Better, confident that can deliver normal and healthy baby	176
56	YPVS/RP-PR/ 2017/014	no kids for 12 years; hormonal imbalance; periods cycle 21-22 days; migraine	multiple sessions	conceived after healings	184
57	YPVS/RP-PR/2017/015	increase resistance flow with early diastolic notch PI=1.45	multiple sessions	PI=1.22; flow reduced	188
58	YPVS/RP-PR/2018/007	UTI, Severe pain, was unable to walk(pregnant)	5Session	95% completely healed, can able to Walk	192

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
59	YPVS/RP-PR/2018/010	Milk duct, painful breast, armpit pain	16session	milk duct completely reduced	194

Chapter 2

Urinary System

Case Studies



SRI RAMANA TRUST, a Non-Profit Organization

Mobile 1 +91-9916901811
Mobile 2 +91-8147062216
Mobile 3 +91-9632459076

Near Ubbanur Lake, Thally, Krishnagiri Dt.
Hosur-Thally Main Road, TN-635118, INDIA

www.ypvgreatvision.com
ypvashram@gmail.com

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1	YPVS/U-KA/ 2017/005	Left renal calculi, pain at lower abdomen	5Session	completely healed	01
2	YPVS/U-KA/ 2017/004	increase in creatine level, diabetic, difficult in urination, dialysis,	10 sessions	out of dialysis, creatinine reduced	06
3	YPVS/U-KS/ 2016/002	gal stone and kidney stone	12 sessions	no kidney stone	11
4	YPVS/U-UTI/ 2018/007	UTI	4session	UTI resolved	17
5	YPVS/U-UTI/ 2019/012	UTI	8sessions	100% relief	24
6	YPVS/U-KA/ 2016/003	Protein in urine is 5.77 gms (normal range 0-150 mgs)	7 months	After 4 months, it became 3.24 grams. After 5 months, 2.6. After 6 months, 1.86, After 7 months, 1.10 gms	29
7	YPVS/U-KS/ 2017/002	Uneasiness during urination, stone near urethra	6sessions	Stone has gone	38
8	YPVS/U-KA/ 2016/0001	Kidney Infection, Creatinine Levels High	60 sessions	Creatinine (Before= 9.8, After = 8.6); Urea (before 299.7, after = 273.1) in 50 days. Dialysis reduced in a month.	40
9	YPVS/U- KS/2016/003	severe abdominal pain due to kidney stone	multiple sessions	no pain, surgery avoided	48
10	YPVS/U-B/ 2018/010	urinary bladder thickened	25 sessions	thickness normalised; frequency of urine reduced	50
11	YPVS/U-F/ 2010/003	bed wetting	50Sessions	After 10 session stopped bed wetting	54
12	YPVS/U-F/ 2014/006	Stone in kidney, pain in the last 48 hours	5Session	No pain, passing urine smoothly	56
13	YPVS/U-F/ 2018/0002	Frequent Urination because of Diabetes	30 sessions	No Frequent urination after 20 sessions, diabetes controlled in 55 sessions	58

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
14	YPVS/U-F/ 2018/004	Urinating frequently at night	10Sessions	Bedwetting stopped	62
15	YPVS/U-F/ 2018/005	Frequent urination	2Session	50% reduced	66
16	YPVS/U-F/ 2018/007	UNCONTROLLED URINE PASS	5 SESIONS	REDUCED	68
17	YPVS/U-F/ 2019/0001	Frequent Urination because of Diabetes	30 sessions	No Frequent urination after 10 sessions, diabetes controlled in 30 sessions	70
18	YPVS/U-KA/ 2014/006	Kidney damage due to prolonged diabetic	10Sessions	creatinine level decreased	73
19	YPVS/U-KA/ 2016/005	Imbalanced uric acid	10Sessions	Reduced uric acid, became normal	75
20	YPVS/U-KA/ 2017/007	Swelling in right feet due to infection in kidney	4session	80% improvement	80
21	YPVS/U-KA/ 2018/004-M	Kidney infection, kidney stone, High creatinine level	28Sessions	Creatinine level reduced	83
22	YPVS/U-KA/ 2018/006	Uric acid imbalance, legs pain	10Sessions	Reduced uric acid, no infection, no pain	88
23	YPVS/U-KS/ 2003/004	Kidney stones	1Month	Size of stone reduced, no operation	90
24	YPVS/U-KS/ 2014/003	stone in right kidney	40 sessions	no stones, completely healed	92
25	YPVS/U-KS/ 2015/001	left kidney stone	5 sessions	completely healed	94
26	YPVS/U-KS/ 2017/003	Kidney stones	30sessions	Right kidney stone reduced, left kidney fully healed	99
27	YPVS/U-KS/ 2017/004	kidney stones; pain	30 healings	stone size reduced; pain reduced	102
28	YPVS/U-KS/ 2019/009	left renal calculus; polyp in the bladder; prostatomegaly stomach ache; difficulty urinating	5 sessions	urination better; stomach pain reduced; symptoms improved; no calculi in kidney	106

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
29	YPVS/U-UTI/2014/004	UTI, No control of urination	20Days	100% Healed	110
30	YPVS/U-UTI/2015/003	Infection, passing urine with blood	14Days	Pain was gone, infection was completely cleared	112
31	YPVS/U-UTI/2016/008	Abdominal pain on right side, UTI	3Sessions	Completely healed	114
32	YPVS/U-UTI/2016/009	Urine infection	6sessions	Infection reduced	117
33	YPVS/U-UTI/2016/015	Pain in lower abdomen area, burning sensation during urination	5Session	No pain while urination, completely recovered	119
34	YPVS/U-UTI/2017/002	UTI, pain in lower abdominal area	15 sessions	healed	121
35	YPVS/U-UTI/2017/006	UTI, pain and burning sensation, headache	3Days	pain and burning sensation reduced by 70%, headache reduced by 90%	123
36	YPVS/U-UTI/2017/008	UTI	6sessions	80-85% improvement	125
37	YPVS/U-UTI/2017/014	Urinary infection from 3 years	9Session	Problem completely healed; infection completely gone	129
38	YPVS/U-UTI/2018/010	Blood in urine	5Sessions	Completely healed	131
39	YPVS/U-UTI/2018/011	UTI, Low backpain	3Session	80% pain reduced	133
40	YPVS/U-UTI/2018/013	UTI	7Session	90% improvement	135

Chapter 3

Pets

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SRI RAMANA TRUST, a Non-Profit Organization

Mobile 1 +91-9916901811
Mobile 2 +91-8147062216
Mobile 3 +91-9632459076

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1	YPVS/PETS/ 2018/004	At one point this bird had stopped flying high. The doctor suggested that this could be due to vitamin deficiency. we began putting vitamin drops in his water however that did not result in him flying high...even after giving the vitamin drops at length.	12 sessions	Now he flies very high just like the other younger birds. He also doesn't fight with the other birds as there is a general calmness around him.	01
2	YPVS/PETS/ 2019/017	Seizures including tremors	3 months	Duration between seizures has increased. Fast recovery after seizures	04
3	YPVS/PETS/ 2018/002	kitten had eye problem and other issues. It was put on antibiotics and also eye drops for 3-4 weeks	20 days	healings helped recover more easily and withstand the strong medication	08
4	YPVS/PETS/ 2018/003	kitten had eye problem and other issues. It was put on antibiotics and also eye drops for 3-4 weeks	20 days	healings helped recover more easily and withstand the strong medication	11
5	YPVS/PETS/ 2018/005	2 birds had diarrhea; one had seizures too; were on antibiotics for 2 weeks and very weak;	21 days	The healings helped their stamina and strength and made them survive the stomach infection (birds unlike humans and cats and dogs are very sensitive and their bodies cannot tackle disease easily). The fits that used to be 3 times a day started becoming twice a day and then gradually got less and less and today she is free from the seizures and leading a healthy life.	14

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
6	YPVS/PETS/ 2018/007	<p>stray cat met with a car accident. Pelvis broken in 3 places and both back legs had fractures. Doctor could not operate as cat was very weak to handle anaesthesia; Also had a big open wound which was smelling like rotten meat. We were asked to wash the wound with Hibiscrub 3 times a day and give antibiotics. Doctor felt cat could die because she was very weak.</p> <p>3rd issue was the broken bones. Since the orthopaedic doctor could not operate, he said that the bones will join themselves however the process should be smooth</p>	16 days	The wound opening has become small and smell has stopped. healings ensured that the bones fused faster and in a less painful way. Cat is doing fine now and has started walking.	17
7	YPVS/PETS/ 2018/006	<p>My pet canary bird. Losing feathers and hair around the neck; inactive; not talking; rough scaly feet with calluses; thickening of skin on legs and feet; bleeding on the legs and feet</p>	18 days	started talking. Active and flying around	21
8	YPVS/PETS/ 2018/010	<p>This cat had issues with urination. Was hospitalized for 2 days however his bladder needed help and attention</p>	12 sessions	Normalized the functioning of an irritated bladder and urination started happening with proper flow	24
9	YPVS/PETS/ 2016/012	<p>Kidney issue because of Snake Bite</p>	40 days	Recovered completely.	27
10	YPVS/PETS/ 2016/013	<p>Wound, opened up after stitches</p>	6 days	Completely healed	31

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
11	YPVS/PETS/ 2018/008	kitten had eye problem and other issues. It was put on antibiotics and also eye drops for 3-4 weeks	20 days	healings helped recover more easily and withstand the strong medication	39
12	YPVS/PETS/ 2018/009	This cats name is brownie. Was a stray cat hit by a car. Had to have immediate surgery.	9 days	she had to be strong with all her organs supporting her for the surgery and the post care. The journey for the cat got much easier with the healings and she remained calmer to withstand all the trauma.	42
13	YPVS/PETS/ 2018/011	This cat had a head tilt. It was due to infection in one of the ears. Antibiotic treatment was given orally. Antibiotic ear drop was put twice a day for 21 days anti-inflammatory injection once	10 days	healings benefited the cat and eradicated the whole infection properly so that there was no relapse	45
14	YPVS/PETS/ 2016/014	UTI for long time	50 days	Completely recovered from UTI	48
15	YPVS/PETS/ 2016/015	Uncomfortable before delivery, not sitting and not gazing	3 sessions	Delivered Calf. Both calf and cow healthy	52
16	YPVS/PETS/ 2018/016	kitten had eye problem and other issues. It was put on antibiotics and also eye drops for 3-4 weeks	20 days	healings helped recover more easily and withstand the strong medication	57

Sl. No.	Case Number	Subject Condition	No. of Days/ No. of Sessions	Result	Page No.
17	YPVS/PETS/2018/018	kitten had eye problem and other issues. It was put on antibiotics and also eye drops for 3-4 weeks	20 days	healings helped recover more easily and withstand the strong medication	60
18	YPVS/PETS/2018/019	kitten had eye problem and other issues. It was put on antibiotics and also eye drops for 3-4 weeks	20 days	healings helped recover more easily and withstand the strong medication	63
19	YPVS/PETS/2016/001	Very young puppy not taking food, very weak	20Sessions	Puppy started eating and survived	66
20	YPVS/PETS/2019/020	Severe maggots, severe weakness and irritability, not eating properly, in pains	10 sessions	No infection, started eating, vitality increased, hair also started to grow	69